THE BASE WOODLAND

STUDENT & PARENTS

CODE OF CONDUCT POLICY

OUR MISSION

The Base Woodland is committed to developing skilled martial artists of strong character through discipline, respect, humility, accountability, and hard work. Membership is a privilege that carries responsibilities. All students, parents, and guardians are expected to uphold the standards outlined below.

SECTION 1 — RESPECT & DISCIPLINE

1.1 — Instructor Authority: Students must promptly follow reasonable instructions given by authorized instructors.

1.2 — Respect for Others: Students must treat instructors, teammates, visitors, and parents with courtesy and respect.

1.3 — Disrespectful Conduct: Arguing, mocking, insulting, deliberately ignoring instructions, or repeatedly challenging instructor authority in a disruptive manner is prohibited.

1.4 — Bullying & Intimidation: Verbal abuse, threats, intimidation, exclusionary bullying, and harassment are prohibited.

1.5 — Leadership Expectations: Higher-ranked students are expected to demonstrate maturity, humility, self-control, and leadership.

1.6 — Accepting Correction: Students must respond appropriately to coaching, constructive criticism, and disciplinary instruction.

SECTION 2 — TRAINING ETIQUETTE & SAFETY

2.1 — Mat Conduct: Students must maintain appropriate behavior before, during, and after training.

2.2 — Instructor Supervision: Students may not practice unauthorized techniques or engage in unsupervised sparring without instructor approval.

2.3 — Training Partner Safety: Reckless techniques, excessive force, intentional injury, and failure to release submissions immediately upon a tap or verbal stop are prohibited.

2.4 — Sportsmanship: Students must demonstrate humility in victory, composure in defeat, and respect for all training partners.

2.5 — Facility & Equipment: Students must properly use and care for mats, training equipment, changing areas, and academy property.

SECTION 3 — ATTENDANCE & PROMOTIONS

3.1 — Attendance Expectations: Students are encouraged to attend regularly and arrive on time.

3.2 — Extended Absences: Parents or adult students should notify the academy of anticipated extended absences when reasonably possible.

3.3 — Promotion Eligibility: Belt promotions are determined by technical proficiency, consistency, effort, maturity, and conduct. Attendance or time enrolled does not guarantee promotion.

3.4 — Disciplinary Impact: Students under active disciplinary probation may have promotions postponed until behavioral expectations are satisfied.

SECTION 4 — PERSONAL HYGIENE & HEALTH

4.1 — Uniform Cleanliness: Gis, rash guards, belts, and other training clothing must be clean and free of offensive odors.

4.2 — Personal Hygiene: Fingernails and toenails must be trimmed. Students must maintain appropriate personal cleanliness.

4.3 — Footwear: Shoes and sandals are prohibited on training mats. Footwear must be worn when entering restrooms and other designated off-mat areas.

4.4 — Contagious Conditions: Students with suspected contagious skin infections, including ringworm, impetigo, or staph, must refrain from training until medically cleared or no longer contagious under applicable health guidance.

4.5 — Injury Reporting: Students must notify instructors of injuries or conditions that could affect safe participation.

SECTION 5 — HARASSMENT, ABUSE & SEXUAL MISCONDUCT

5.1 — Sexual Harassment: Unwelcome sexual comments, advances, gestures, or inappropriate sexual communications are prohibited.

5.2 — Inappropriate Contact: Sexual touching, exploitation, grooming, and other abusive conduct are strictly prohibited.

5.3 — Minor Protection: Instructors and adults must maintain appropriate professional boundaries with minors. Private, isolated interactions and inappropriate personal communications are prohibited.

5.4 — Reporting: Students and parents are encouraged to report suspected abuse, harassment, or misconduct promptly to academy leadership or appropriate authorities.

5.5 — Retaliation: Retaliation against anyone who reports a concern in good faith or participates in an investigation is prohibited.

5.6 — Protective Action: The academy may immediately separate individuals, restrict participation, suspend access, or take other protective measures while concerns are reviewed. Reports will be handled as confidentially as reasonably possible and referred to authorities when required.

SECTION 6 — PARENT & GUARDIAN RESPONSIBILITIES

6.1 — Support of Academy Standards: Parents must support the academy's reasonable behavioral and safety expectations.

6.2 — Coaching Boundaries: Parents may not interfere with instruction or coach from the sidelines without permission.

6.3 — Respectful Communication: Concerns or disagreements must be communicated respectfully through appropriate channels.

6.4 — Student Accountability: Parents are expected to cooperate with reasonable corrective measures and behavior plans.

SECTION 7 — DISCIPLINARY PROCEDURES

7.1 — First Violation: Formal Warning: A verbal warning identifying the conduct, violated policy, and expected correction. The incident may be documented.

7.2 — Second Violation: Documented Meeting: A formal meeting with the student and parent or guardian, where applicable. Behavioral expectations and consequences will be documented.

7.3 — Third Violation: Suspension or Probation: The academy may impose a temporary suspension or written behavioral probation with specific conditions and a review date.

7.4 — Fourth Violation: Dismissal: Continued violations after corrective measures may result in termination of membership.

7.5 — Serious Misconduct Exception: The academy reserves the right to bypass progressive discipline for serious safety violations, violence, abuse, sexual misconduct, threats, or other conduct posing a significant risk to others. Immediate suspension or dismissal may be appropriate.

7.6 — Disciplinary Discretion: Disciplinary decisions will consider the nature, severity, frequency, and circumstances of the behavior, including student age and applicable accommodation requirements. The academy will strive to apply policies fairly and consistently.

SECTION 8 — CLOSING STATEMENT

As owners and operators of The Base Woodland, we are committed to fostering a respectful, disciplined, and supportive training environment. The standards outlined in this policy reflect our commitment to student well-being, personal accountability, and the development of both martial arts skills and strong character.

We ask all students, parents, and guardians to uphold these expectations and to work with us in maintaining the integrity of our academy. Thank you for your trust, cooperation, and commitment to our community.

Respectfully,

Jake and Sara
Owners / Operators
The Base Woodland